

Vitamin K Injections Informed Consent

Client's name _____

Date _____

Vitamin K helps maintain good health and has been shown to be beneficial in helping to: reduce the risk of bleeding in liver disease, mal absorption syndromes, or in association with long-term use of antibiotics. It is also used to improve bone health and reduce the risk of bone fractures especially for people at risk for osteoporosis.

Vitamin K Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Capsules, Liquid drinks, Lotions, Topical Creams, and Mouth Sprays.

Vitamin K Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare Vitamin K injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking Vitamin K injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of Vitamin K injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - headache
 - nausea
 - diarrhea
 - bloating
 - constipation
 - indigestion or heartburn
 - abnormal bleeding
 - gastrointestinal hyperactivity
 - chest pain
 - flushed face
 - chills
 - fever
 - mild stomach upset
 - belching
4. If you are currently being treated with any of the following medications, you should not take vitamin K without first talking to your health care provider.
 - Antibiotics particularly a class known as cephalosporins (Mandol, Cefobid,...ect)
 - Phenytoin (Dilantin)

- Warfarin (Coumadin)
- Orlistat (Xenical, Alli, and Olestra)
- Bile acid sequestrants

5. Before starting Vitamin K injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.

- Leber's Disease
- Kidney disease
- Liver disease
- Gallbladder disease
- Biliary disease
- Cystic fibrosis
- Celiac disease
- Crohn's disease
- Continuing Hemodialysis
- An infection
- Dependent on intravenous nutrition (TPN) or liquid nutrition products for food
- Diabetes mellitus or high blood sugar levels
- An unusual or allergic reaction to any other medicines, foods, dyes, or preservatives

6. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the Vitamin K Injection.

7. Treatments: Will be determined by the provider.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Vitamin K Injections with the above understood. I hereby release the doctor, the person injecting Vitamin K, and the facility from liability associated with this procedure.

Patient Signature_____ ***Date:***_____