

Vitamin D3 Injections Informed Consent

Client's name _____ Date _____

Vitamin D3 helps maintain good health and has been shown to be beneficial in helping to: support bone health, prevent fractures, help with back pain, regulate hormones and alleviate some symptoms of depression. It also contains anti cancer benefits, supporting immune system issues, and lowering the risk of colon, breast, and prostate cancer.

Vitamin D3 Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Lozenges, Liquid drops and Nasal Spray.

Vitamin D3 Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare Vitamin D3 injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking Vitamin D3 injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of Vitamin D3 injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - Weakness
 - Nausea
 - Vomiting
 - Bowel problems
 - Dizziness
 - Lethargy
 - Weight loss
 - Excessive thirst
 - Nervous irritability
 - Itchy skin
 - Frequent urination
 - High levels of calcium
 - Allergic reactions include: Skin eruptions, rashes, breathing problems, light headaches, and swelling of the tongue, throat, or face.
4. Before starting Vitamin D3 injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.

- Leber's Disease
- Kidney disease
- Heart disease
- Liver disease
- Chohn's disease or low levels of bile production
- An infection
- Iron deficiency
- Folic acid deficiency
- People with a history of Hypercalcaemia or problems absorbing calcium
- An allergy to any other medication, vitamin, dye, food or preservative

5. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the Vitamin D3 Injection.

6. Treatments: You will need regular checks on your progress and regular blood work to check the levels of sugar and other important contents of the blood while on this medication. Remember to keep your appointments for these tests.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Vitamin D3 Injections with the above understood. I hereby release the doctor, the person injecting Vitamin D3, and the facility from liability associated with this procedure.

Patient Signature _____ *Date:* _____