

Magnesium Injections Informed Consent

Client's name _____ Date _____

Magnesium helps maintain good health and has been shown to be beneficial in helping to: maintain normal muscle function, nerve function, keeps heart rhythm steady, and promotes strong bones. It is also involved in energy metabolism, protein synthesis, and act as a laxative.

Magnesium Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Capsules, Tablets, Powder, Liquid, Packets, and Syrups.

Magnesium Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare Magnesium injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking Magnesium injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of Magnesium injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - headache
 - nausea
 - diarrhea
 - appetite loss
 - muscle weakness
 - difficulty breathing
 - extremely low blood pressure
 - irregular heartbeat
 - bloating
 - gastrointestinal hyperactivity
 - mild stomach upset
4. Before starting Magnesium injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.
 - Leber's Disease
 - Kidney disease
 - Liver disease
 - An infection
 - Gastrointestinal problems (malabsorption disorders)
 - A history of excess urinary loss, diarrhea, or vomiting

- Iron deficiency
 - Folic acid deficiency
 - Dependent on intravenous nutrition (TPN) or liquid nutrition products for food
 - Diabetes, mellitus, or high blood sugar levels
 - An unusual or allergic reaction to other medicines, foods, dyes, or preservatives
5. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the Magnesium Injection.
6. Treatments: Will be determined by the provider.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Magnesium Injections with the above understood. I hereby release the doctor, the person injecting Magnesium, and the facility from liability associated with this procedure.

Patient Signature _____ *Date:* _____