

L-Carnitine Injections Informed Consent

Client's name _____ Date _____

L-carnitine helps maintain good health and has been shown to be beneficial in helping to: reduce risk of cholesterol, high blood pressure, heart disease, stroke, diabetes, arthritis, and depression. Another study suggest L-carnitine can promote weight loss by helping the body produce energy, muscle movement, and aid with proper heart and brain functions.

L-carnitine Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Capsules, Powder, and Tablets.

L-carnitine Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare L-carnitine injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking L-carnitine injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of L-carnitine injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - headache
 - nausea
 - vomiting
 - diarrhea
 - seizures
 - indigestion or heartburn
 - gastrointestinal hyperactivity
 - flushed face
 - chills
 - fever
 - mild stomach upset
4. Before starting L-carnitine injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.
 - Peripheral vascular disease
 - Hypertension (high blood pressure)
 - Kidney disease
 - Liver disease
 - History of seizures
 - Under-active thyroid (hypothyroidism)

- An infection
 - Dependent on intravenous nutrition (TPN) or liquid nutrition products for food
 - Diabetes, mellitus, or high blood sugar levels
 - An unusual or allergic reaction to other medicines, foods, dyes, or preservatives
5. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the L-carnitine Injection.
6. Treatments: Will be determined by the provider.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent L-carnitine Injections with the above understood. I hereby release the doctor, the person injecting L-carnitine, and the facility from liability associated with this procedure.

Patient Signature _____ *Date:* _____