

Glycine Injections Informed Consent

Client's name _____ Date _____

Glycine helps maintain good health and has been shown to be beneficial in helping to: Promote growth-hormone release, enhance cell volumizing to encourage muscle growth, promote memory retention. It can also assist the body in calming the brain by acting as an inhibitory neurotransmitter promoting normal central nervous system function.

Glycine Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Capsules, Tablets, and in Powder form.

Glycine Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare Glycine injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking Glycine injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of Glycine injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - nausea
 - vomiting
 - upper digestive tract discomfort
 - drowsiness
 - flushed face
 - restlessness
 - dizziness
 - confusion
 - fatigue

Signs of allergic reactions include, but not limited to:

- Itching
 - Hives
 - Rashes
 - Wheezing
 - Difficulty breathing
 - Swelling of mouth or throat
4. Before starting Glycine injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.
 - Bipolar disorder (manic depression)

- Hyperactivity
 - Muscular Dystrophy
 - Epileptic seizures
 - Upset stomach
 - Benign prostatic hypertrophy (BPH)
 - Hypoglycemia
 - Schizophrenia
 - Acetaminophen poisoning
 - Have allergies to foods, dyes, or preservatives
5. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the Glycine Injection.
6. Treatments: Will be determined by your provider, but if experiencing side effects to the supplement it is encouraged to decrease your dosage.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Glycine Injections with the above understood. I hereby release the doctor, the person injecting Glycine, and the facility from liability associated with this procedure.

Patient Signature _____ *Date:* _____