

Coenzyme Q10 (CoQ10) Injections Informed Consent

Client's name _____ Date _____

Coenzyme Q10 helps maintain good health and has been shown to be beneficial in helping to: support cardiovascular conditions such as heart failure, lower blood pressure, muscular dystrophy, and periodontal disease. It is also said to act as an antioxidant, boost energy, speed recovery from exercise, and help reduce the effects certain medicines can have on the heart, muscles, and other organs.

CoQ10 Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Capsules, Tablets, Powders, Lotions, and Topical Creams.

CoQ10 Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare CoQ10 injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking CoQ10 injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of CoQ10 injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - headache
 - dizziness
 - nausea
 - fatigue
 - sensitivity to light
 - diarrhea
 - insomnia
 - indigestion or heartburn
 - flushed face
 - fever
 - abdominal pain
 - rashes
4. When medications that “thin” the blood are taken in conjunction with CoQ10, drug interactions could occur. These interactions can either increase your risk of bleeding or block the absorption of CoQ10 into the body. These medications at the time of your injection should either be discontinued or be consulted with by a Physician. Some of these medication that may cause drug interactions include, but not limited to:
 - Heparin (Fragmin, Lovenox, Innohep...ect.)

- Antithrombin (A Tryn, Thrombate III)
- Argatroban
- Aspirin
- Bivalirudin (Angiomax)
- Clopidogrel (Plavix)
- Warfarin (Coumadin, Jantoven)
- Nonsteroidal anti-inflammatory drugs (Ibuprofen,...etc.)

5. Before starting CoQ10 injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.

- Leber's Disease
- Kidney disease
- Liver disease
- An infection
- Iron deficiency
- Folic acid deficiency
- An allergy to cobalt or any other medication, vitamin, dye, food or preservative
- Dependent on intravenous nutrition (TPN) or liquid nutrition products for food
- Diabetes mellitus or high blood sugar levels
- An unusual or allergic reaction to any other medicines, foods, dyes, or preservatives

6. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the CoQ10 Injection.

7. Treatments: Will be determined by the provider.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent CoQ10 Injections with the above understood. I hereby release the doctor, the person injecting CoQ10, and the facility from liability associated with this procedure.

Patient Signature _____ ***Date:*** _____