

Chromium Injections Informed Consent

Client's name _____ Date _____

Chromium helps maintain good health and has been shown to be beneficial in helping to: help treat diabetes, promote weight loss, and improve body composition. It can also assist in the process of burning carbohydrates and fats in the body, and maintain the proper functioning of insulin in the body. Therefore many believe that chromium helps reduce body fat and also helps improve muscle tone.

Chromium Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Capsules, and Tablets.

Chromium Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare Chromium injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking Chromium injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of Chromium injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - headache
 - unexplained bruising
 - nosebleed
 - low blood sugar
 - stomach problems
 - irregular heart rhythm
 - skin rash or blisters
 - urinate less than normal
 - feel very tired
 - loss of appetite
 - nausea
 - diarrhea
 - vomiting
 - sleep disturbances
 - kidney failure
 - liver damage
 - anemia
4. Before starting Chromium injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.

- Leber's Disease
 - Kidney disease
 - Liver disease
 - An infection
 - Receiving any treatment that has an effect on bone marrow
 - Taking any medication that has an effect on bone marrow
 - Iron deficiency
 - Folic acid deficiency
 - Dependent on intravenous nutrition (TPN) or liquid nutrition products for food
 - Diabetes, mellitus, or high blood sugar levels
 - An unusual or allergic reaction other medicines, foods, dyes, or preservatives
5. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the Chromium Injection.
6. Treatments: Will be determined by the provider.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Chromium Injections with the above understood. I hereby release the doctor, the person injecting Chromium, and the facility from liability associated with this procedure.

Patient Signature _____ *Date:* _____