

Alpha Lipoic Acid Injections Informed Consent

Client's name _____ Date _____

Alpha Lipoic Acid (ALA) helps maintain good health and has been shown to be beneficial in helping to: neutralize potentially harmful chemicals, act as an antioxidant, support proper brain function, and immune system function. It is also needed by the body to produce energy for our body's normal functions.

Alpha Lipoic Acid Injections are better absorbed by the body since they go directly into the blood stream. Alternatives to these injections are Oral Vitamins, Capsules, and Tablets.

Alpha Lipoic Acid Injections common side effects include but are not limited to:

1. Risks: I understand there is risk of mild diarrhea, upset stomach, nausea, a feeling of pain and a warm sensation at the site of the injection, a feeling, or a sense, of being swollen over the entire body, headache and joint pain.
2. If any of these side effects become severe or troublesome I will contact my physician immediately.
3. I understand that although rare Alpha Lipoic Acid injections can result in serious side effects. Although this is a relatively rare occurrence, anyone taking Alpha Lipoic Acid injections should be aware of the possibility. Uncommon side effects are much more serious than the common side effects of Alpha Lipoic Acid injections, and such side effects should be reported to a physician to be evaluated for seriousness. Uncommon and dangerous side effects include:
 - headache
 - nausea
 - tingling or a "pins and needles" sensation
 - bloating
 - muscle cramps
 - indigestion or heartburn
 - flushed face
 - chills
 - fever
 - mild stomach upset
 - skin rash
4. Alpha Lipoic Acid may improve blood sugar control, so people with diabetes who are taking medication to lower blood sugar should only take alpha lipoic acid under the supervision of a qualified health professional and have their blood sugar carefully monitored.
5. Before starting Alpha Lipoic Acid injections I will make sure to tell my Physician if I am pregnant, lactating or have any of the following conditions.

- Leber's Disease
- Kidney disease
- Liver disease
- An infection
- Iron deficiency
- Folic acid deficiency
- Dependent on intravenous nutrition (TPN) or liquid nutrition products for food
- Diabetes mellitus or high blood sugar levels
- An unusual or allergic reaction to any other medicines, foods, dyes, or preservatives

6. I understand that certain herbal products, vitamins, minerals, nutritional supplements, prescription and non prescription medications may result in side effects when they interact with the Alpha Lipoic Acid Injection.

7. Treatments: Will be determined by the provider.

I understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or Court cost and reasonable legal fees, should this be required.

By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with its associated risks. I hereby give consent to perform this and all subsequent Alpha Lipoic Acid Injections with the above understood. I hereby release the doctor, the person injecting Alpha Lipoic Acid, and the facility from liability associated with this procedure.

Patient Signature _____ *Date:* _____